



Welcome to African Vineyard Wellness Retreat & Spa – a place where you feel at home and can relax your mind, renew your body and revive your soul. From couple's spa sessions either in one of our treatment rooms or outside next to the stream, followed by breakfast, lunch or dinner, to having therapists treat your guests with treatments at your wedding, function or special event – we offer it all.

**Add a light lunch or breakfast to any of your treatments.**

## FACIALS

"Your skincare is an investment, not an expense." Carina Franck

Honeybush Skin Treatment	45 min	R350
Phytic Clay Skin Treatment	60 min	R350
Revitalising Vita-Gel Skin Treatment	60 min	R350
Vitamin C Skin Treatment	60 min	R390
Phyto Enzyme Compound Treatment	60 min	R390
Kalahari TCA treatment	45 min	R400
D-age 5 Chemical Peel	60 min	R450
Kalahari Collagen Micro needling Face	45 min	R685
Kalahari Collagen Micro needling Face, Neck & Décolleté	60 min	R850

*\*ADD on Hydrating Collagen Eye Patches for R120*

Lash	R70
Brow	R60
Lash & Brow Combo	R110

## TINTING, HAIR REMOVAL | WAXING

Achieve the smooth skin you want in a quick, comfortable and effective way.

Full Leg incl. Bikini	R260	Arms Inc. Underarm	R200
¾ Leg – to mid-thigh	R200	Underarm	R120
½ Leg – above knee	R160	Tummy strip	R120
Bikini	R120	Full Face	R230
G-string	R180	Chin OR Lip	R40
Brazilian/Hollywood	R280	Eyebrows	R60

## MANICURES | PEDICURES

African Vineyard Express Manicure   Pedicure	30 min	R165
River Stone Luxurious Manicure   Pedicure	60 min	R350

Heal, rejuvenate and restore your hands/feet with our luxurious manicures/pedicures including varnish.

*\*ADD on Paraffin Wax for R70*

*\*ADD Phyto Heel Treatment for R100*

## BioSculpture Gel

Overlay	60 min	R280
Sculpture	90 min	R370
Fill	60 min	R240
Soak off only (including file & cuticle)	45 min	R150
Soak Off with New Set	30 min	R60
ADD ON with River Stone Manicure   Pedicure	15 min	R80
Nail Repair per Nail		R40

## MASSAGES

Relax your body and mind and restore health and wellness. Massage is an art form to be practised with great care and attention to your individual needs.

African Vineyard Full Body Massage	60min	R590
African Vineyard Back, Neck & Shoulders	30min	R320
African Sun Hotstone Full Body	60min	R620
African Hotstone Back, Neck & Shoulders	30min	R380

Foot & Lower Leg Massage	30 min	R195
Hand & Arm Massage	30 min	R195
Scalp & Neck Massage	30 min	R230

*\*ADD an Additional 15 minutes for R150*

### **BODY EXFOLIATION, COCOON WRAP AND MASSAGE**

This unique African journey begins with the African Vineyard back, neck & shoulder massage with fragrant botanical oils, followed by a deep cleansing exfoliation that will encourage cell regeneration. Continue your journey with a body wrap that will either remove toxins from the body or hydrate the skin, leaving the skin glowing and nourished.

African Journey: Desert Glow Exfoliation, Cocooned Body Wrap & African Vineyard back, neck & shoulder Massage	90 min	R850
Desert Glow Exfoliation Full Body	30 min	R320
Cocooned Full Body Wrap and Exfoliation. No massage	45 min	R570

### **KALAHARI KIDS – UP TO 13 YEARS**

Facial	30min	R160
Mani   Pedi	30min	R140
Stress Relief: Back, Neck, Shoulder Massage	20min	R120

### **GENTLE GROOMING**

#### **FACIALS**

Men on the move	45 min	R350
Men's Therapeutic Facial	60 min	R390
Men's High-Performance Peel	60 min	R480

#### **WAXING**

Ears or Nose	R90	½ Leg	R240
Toes or Fingers	R70	¾ Leg	R290
Guy Brows	R95	Full Leg	R330
Chest	R340	Full Arm	R260
Back	R340	Underarm	R140
Stomach	R300	Guy Brow Tweeze	R60

#### **HAND & FOOT CARE**

Hand OR Foot Grooming	30 min	R195
The Boss Manicure or Pedicure	60 min	R320

**Book a range of 5 treatments & get 15 % discount**

**Book a range of 10 treatment & get 20% discount**

#### **Vineyard Date Night**

**R650 pp**

Treatments | Candlelight dinner| Sparkling Wine

Spoil your loved one with a romantic dinner, including the 30 min African Vineyard Head, Neck & Shoulder massage.

#### **Disconnect a While: Forest Experience**

**R230pp**

Treatment | Wine or Juice

Hand massage with a glass of wine/juice.

**Picnic Basket for Two****R300**

Add a massage outside for that special experience – weather permitted (prize depending on type of treatment)

**The Celebration****R480 pp**

Treatments | Lunch or Breakfast

Celebrate that special day with your friend with lunch/breakfast at African Vineyard including an African Calabash Head, Neck & Shoulder massage. Excluding beverages.

**The Harmonious Half-Day Journey****R790 pp**

Treatments | Breakfast or Lunch

Spoil yourself and your friends to a morning at African Vineyard with breakfast/ lunch and the African Calabash Back, Neck & Shoulder massage and a facial. Excluding beverages.

**African Premier Full-Day Journey****R1250 pp**

Treatments | Breakfast | Lunch | 09:00 – 15:00

Experience a relaxing morning with breakfast before your luxurious treatments of Full Body Exfoliation, African Calabash Back, Neck & Shoulder massage and complete your experience after lunch with a relaxing foot & hand massage. Excluding beverages.

**Secret Indulgence****R1560 pp**

Treatments | Breakfast or Lunch

An exotic Desert Glow Exfoliation followed by a cocooned clay wrap will leave your skin soft and vibrant. Continue your day of indulgence with a 30 min African Hotstone Back, Neck & Shoulder massage. This package includes breakfast or lunch. Excluding beverages.

**Mother to Be Spa Package**

Treatments | Breakfast and Lunch

**R1630 pp**

Treatments | Breakfast, Lunch and Dinner | Accommodation sharing

**R2980pp single or R2730 pp**

Indulge in some much-needed pampering during pregnancy. Start off your journey with African Vineyard with a 60 min Pregnancy Full Body massage, Hydrating Honeybush Skin treatment, Lower Leg & Foot massage and a River Stone Manicure and Pedicure.

**Men's Executive****R1050 pp**

Treatments | Breakfast or Lunch

For total relaxation and grooming, this package is tailor-made with dynamic and immediate relief of the 60 min African Sun Hotstone Full Body Massage combined with a 60 min Kalahari Skin Treatment. Total time out! This includes a delicious breakfast or lunch. Excluding beverages.

**The Vineyard Corporate Journey 09:00 until the next morning after breakfast****R2520 pp**

Accommodation, Treatments, Breakfast, Lunch & Dinner included, excluding beverages.

**R2520.00pp sharing & R2765 single**

Unwind with your friends or loved ones and experience a relaxing break-away where you and your friends will be pampered and treated by our skilled therapists. Start your experience with breakfast and treatments of a full Body Exfoliation under the shade of the trees/or inside, light lunch, a relaxing Calabash Back and Neck Massage and complete your experience with a relaxing foot & hand massage. Treat yourself to our special dinner and accommodation at African Vineyard with a refreshing breakfast the next morning. Suitable for a group up to 6 people.

**One day package: Kisses for Two in the Orchard (1 night)****R3850p.couple**

Including accommodation, breakfast, dinner, sparkling wine & rose petals in room & treatments: 15:00

The ultimate romantic getaway for you and the love of your life. Tailor made treatments suitable for a king and queen. Your choice of 2 relaxing treatments per couple (not exceeding 90min per person)

**Two day package: Kisses for Two in the Orchard (2nights)**

**R7400p.couple**

Including accommodation, breakfast, dinner, sparkling wine & rose petals in room, lunch on 2<sup>nd</sup> day & treatments: 15:00

The ultimate romantic getaway for you and the love of your life. Tailor made treatments suitable for a king and queen. This option includes a light lunch on the 2<sup>nd</sup> day, your choice of 4 relaxing treatments per couple (not exceeding 3hours in total per person)

**AFRICAN VINEYARD WELLNESS RETREAT - all inclusive packages from 2 – 6 days**

**SIGNATURE TO AFRICAN VINEYARD WELLNESS SPA - PACKAGES**

At African Vineyard we will always strive to reach our client’s needs as an individual and it is a well-known fact that spa-time is just as good as a holiday, which makes our packages feel like a little getaway.

*\*Customise your own package for your own needs. You simple choose the treatments from our treatment menu and we will determine the price value on a discounted price.*

Anniversary, Bachelorette, Bride-To-Be, Bride and Mother/ Mother in la, Bride and Groom, Bridesmaids, Birthdays, Corporate, High Tea, Mother and Daughter, Pregnancy (Mother- to- Be), Spa-day Teen Parties, Kids & Teenagers

**CANCELLATION POLICY & SPA ETIQUETTE**

- 48 Hours advance notice is required for cancellation or rescheduling, if this is not adhered to, 50% of the treatment fee will be charged.
- Late arrivals will result in reduction of treatment time whilst the full treatment price will apply.
- Kindly arrive 15 minutes prior to your scheduled treatments to change and complete a consultation form.
- Ensure cellular/mobile phones are switched off.
- Prices are subject to change without prior notice.
- Products bought at the spa are non-refundable.
- Please advise us if you are pregnant, have a medical condition or serious injury, high blood pressure or heart conditions, recent surgeries epilepsy or diabetes.
- Gratuities are not included in the treatment price. It is your discretion to add a gratuity for treatment excellence.
- African Vineyard Wellness Spa is not responsible for any theft damage loss or misfortune that may occur.

**Loyalty Programmes \* Gift Vouchers \* VIP Memberships**

**OUR ADDRESS**

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**CONTACT US**

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